

Caring For All, is a 501(c)(3) nonprofit organization, serving people within the Northwest Hennepin county area of Minnesota .

CFA serve predominantly New and Old African Immigrants along with other minority individuals and family through our food security and Youth Impact Programs.

Since 2005, CFA has been laying the groundwork for sustainable and effective services for those who need them most.

With the limited resources of recent economic crisis that has resulted into increased unemployment, hard to find jobs, increased housing foreclosures and more hardship among single parents family.

We help to strengthen the community with the resources available through our programs.

CFA mostly provides it services through our great team of volunteers, from our Crystal office location.



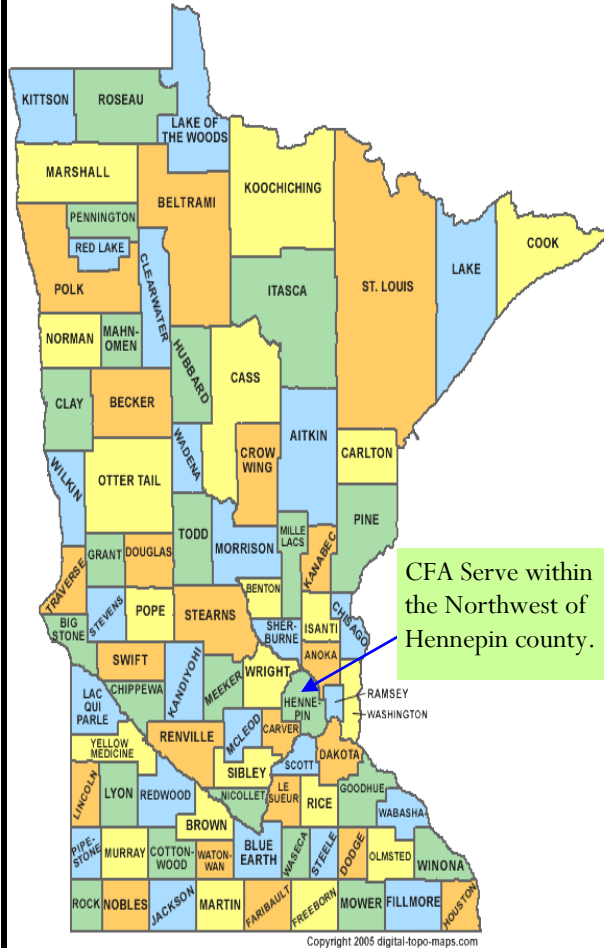
CARING FOR ALL, INC

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MISSION STATEMENT

The mission of Caring for All is to provide care, empowerment and hope to the disadvantaged.

Caring for All, Inc. is a 501(c)(3) nonprofit organization

CARING FOR ALL, INC (CFA)



MINNESOTA PROGRAMS

- Food Security Program (food shelf)
- Youth Impact Program
- Health Awareness Program

We invite you to be a part of what we are doing in Minnesota either through the giving of your time or financial support. If you would like to join in this great work, please contact CFA at caringforallinc@yahoo.com

**or at
763-537-0030**

Motto:

We all need a hero's touch and help from someone in life sometime!

Food Security Program

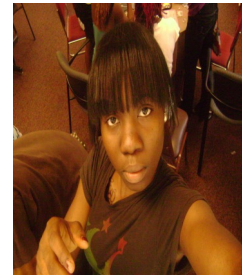
Food security is not just a concern for communities in developing nations. The recent economic crisis has resulted in increased unemployment, increased housing foreclosures, and a resultant increase in family homelessness and hunger. As a result many Americans and children are brought face to face with the struggles of not just hunger, but the effects that hunger has, especially on children. Delays in cognitive, social, and emotional development and various mental health issues are just a few of the many problems with long term effects that can result from hunger.



The effect of hunger on families is clear, and CFA is stepping up to support families and provide them with healthy, nutritious food to sustain them in times of need. CFA food security program collaborates with churches, friends of CFA, and local organizations to ensure that no family or child who comes through our doors goes hungry. The Caring for All food shelf is located at the organizations office at 6000 Bass Lake Road in Crystal, MN. The Caring for All food shelf is open for walk-in distribution every Monday through Friday from 9:00am to 5:00pm, and on some weekends. CFA serves anywhere from 500-1000 men, women, children and elderly individuals each month (70% are women and children, 18% men, 12% are elderly). Our food shelf serves all people that are in need, whether in long term economic distress or just not able to make the budget this week.

Youth Impact Program

With increasing numbers of children growing up in homes with two working parents or a single working parent, today's families can benefit from the safe, structured learning opportunities like CFA, that focus on youth program activities. We recognize that the idleness of lock of productive activities for kids can lead to poor choice making like usages of drugs, alcohol, and crime, CFA offers programming that provides a healthy and positive alternative. Our programs are geared to keep kids safe, improve academic achievement and help relieve the stresses on today's working families, creating a safe place for youth to come to, while also being an active intervention and prevention force in their development.



CFA Youth Impact Programs represent an opportunity for youth to learn and grow through quality youth programs for underserved children in the Northwest Metro, focused on choices regarding youth's health and safety. We work with kids/youth from 8 to 18 years old.

Our programs include:

- Education sessions focused on crime prevention, health awareness, teen drinking, and violence against women.
- Jewelry and flower making
- Exploring employment opportunities for youth computer and After school tutoring
- Photography



There are significant health disparities between minority/immigrant groups and the general population in the United States. These disparities have been found not just as gaps in the quality of health, but in the information and training available to communities to understand health issues relevant to them. Such disparities have an impact on the quality of life, quality and appropriateness of health care, the prevalence of health conditions like cancer, HIV and AIDS, and other diseases that spread due to lack of treatment and lack of understanding. The incidence of disease is increased when cultural norms discourage communities from regularly getting check-ups or getting tested. In many African communities, including Liberian, people fear being discriminated against if they openly get tested or say they have the HIV virus. In the same way, cancer or mental health awareness is often shunned with the unfortunate belief that **“what I don't know can't kill me.”**



In a community where health is not actively pursued, it is easy to see that the number of people living with or infected by disease will continue to rise within immigrant communities. Therefore, the CFA Health Awareness Program is working to improve the discussion, use, and acceptance of health practices in immigrant communities. Our goal is to increase community awareness of relevant health issues in immigrant communities and help communities better understand the necessary steps to prevent and treat common diseases. CFA hopes to close the health disparity gap both in knowledge of and occurrence of disease by advancing the discussions on health issues through education, training, activities and partnership with professional institutions.

